



GOD PROVIDES IN THE WILDERNESS

LESSON 3

WONDER TRUTH:

God Cares for Us

SCRIPTURE:

[Exodus 14-16;](#)

[Numbers 11](#)

GOD'S BIG STORY:

With Pharaoh's army pursuing, God provides an escape route for His people through the Red Sea. Later in the wilderness, God cares for their needs by providing bread, water, and meat.

WORD OF WONDER:
Work together on memorizing this verse!

[Jeremiah 32:17](#)

Lord and King, you have reached out your great and powerful arm. You have made the heavens and the earth. Nothing is too hard for you.

Watch God's Big Story



Early
Elementary



Late
Elementary

Listen to
our Playlist



Wonder about it!

What is one thing you are learning about God and the wonder of His big story?

How do you see God's story as part of your own story?

Family Conversations

Families, use this to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

• *Who is someone who cares for you? How do they care for you?* • *Is there a difference between spoiling someone and caring for them?* • *How could we as a family care for people around us?* • *Do we always know what we need? Does God always know what we need? Why or why not?*

Walk it! Act it! Move it! - Are we tired yet?

God cared for the Israelites in the wilderness by providing for all their needs, even their need for rest! As a family, engage in some simple but tiring exercise! Do 30 jumping jacks together. Or if you have jump ropes, see who can jump 20 times in a row? 50? 100? (If a family member is unable to jump due to a physical disability or restriction, modify the activity to something everyone can do, like arm circles.)

Once everyone is winded and ready for a break, sit down and talk together: **When the Israelites were in the wilderness, they probably got pretty tired! One way God cared for them was by giving them rest. God provided more manna on the sixth day so that the Israelites didn't have to work on the seventh day. It's normal to become worn out. When this happens, we can ask God to care for us too by giving us rest!** Take turns sharing areas in your life where you are tired and need rest. Pray together, asking God to provide rest for each family member.

Hands on: Care Package

As a family, create a care package for a friend, neighbor, teacher, etc. Discuss items that would make your chosen person feel special and cared for by your family. (It isn't necessary to purchase items for your care package. Everyone loves to receive handwritten notes, homemade crafts, or baked goods!) Brainstorm as a family the best time and place to surprise your recipient with their care package. Before delivering the package, pray out loud for the recipient. Pray that they might always see God's presence in their life and never doubt there is a God who cares!

After delivering the package, gather as a family to debrief: **God cares for us so well! God creates new care packages for us every single day. It might not be the kind of package that is wrapped up, like the one we made as a family, but it is filled with everything we need and so much more!**