



BABY MOSES

LESSON AT A GLANCE

■ New Apostolic Church USA



CURIOSITY

An object lesson, experiment, or activity that sparks curiosity, encourages exploration, and gets kids thinking about the wonder of God.

- Welcome Question: *If you could pick any superhero to be your helper for a week, who would you pick and why?*
- Object Lesson: Lifeline
- Declaring God's Wonder

BELIEF Choose either Hear It or Experience It and supplement with the video

A deep and interactive dive into Scripture that guides kids into knowing God more deeply, exploring His big story, and marveling at His wonder.

- Opening Prayer
- God's Big Story: Hear It, Watch It, Experience It!
- Connecting the Wonder Truth

FAITH

An intentional conversation that helps kids see the wonder of God's story and how it connects to their own, emboldening their faith and fostering a deeper understanding of their place in God's kingdom.

- Discussion Questions for Younger and Older Kids
- Small Group Prayer Time

IDENTITY

An interactive worship response activity that creates space for God to remind kids of these core truths: I am known, I am loved, I am led, and my life can tell of God's wonder.

- Responding in Worship: Praise Mosaic
- Blessing Your Kids

BABY MOSES

LESSON 3

NAC USA

Goals and Objectives

[IA 3-5, 7-9, 13-15, 17-19, 23-25, 27-29](#) [IB 1, 3, 5](#)

[IC 1-13](#) [IE 1, 2, 3](#)

WONDER TRUTH:

God Sends Help to His People

SCRIPTURE:

[Exodus 1-2](#)

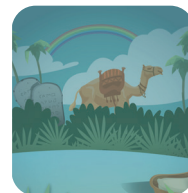
GOD'S BIG STORY:

Pharaoh's decree to kill all male Hebrew babies threatens the life of newborn Moses. God sends help to rescue Moses, who would one day lead God's people out of slavery in Egypt.

WORD OF WONDER:

[Deuteronomy 7:9](#)

Understand, therefore, that the Lord your God is indeed God. He is the faithful God who keeps his covenant for a thousand generations and lavishes his unfailing love on those who love him and obey his commands.



FOR LEADERS

A MESSAGE FOR CHILDREN'S LEADERS

We invite you to pause, listen, and shift your gaze toward the Father...

Dear Sunday School Teachers,

The book of Exodus is one of the most captivating stories in the Bible. It reveals the essence of God's salvation and teaches us about His character. Yet, it also raises questions—why did God allow His people to suffer as slaves for so long? Sometimes, we look at the world around us or our own lives and ask similar questions: Why do people suffer? Why doesn't God step in and fix things?

As you prepare to lead the children through this lesson, some of them might have these same questions. You might know their struggles and wonder along with them why God has allowed certain hardships.

While we may not always get the answers we seek or want, we can hold onto the truth that God is always faithful. In [Exodus 2:25 \(NIV\)](#), we read that God heard the groaning of His people and was concerned about them. He knew it was time to act.

God's timing is perfect, and He is always faithful to help His people when they call to Him. Pray for the children you will be teaching—that they would see God's faithfulness and recognize His help in their lives.

Thank you for your dedication and for being a guiding light to these young hearts, showing them the faithfulness and love of God.

With love and joy,

The Faith Arc Team

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FOR LEADERS

A ROAD MAP

WHO?

Moses' older sister was named Miriam. Along with their brother, Aaron, she played a large role in helping Moses lead Israel out of slavery in Egypt. After crossing the Red Sea, Miriam led worship and was called a prophet ([Exodus 15:20-21](#)).

WHAT?

Joseph and his family had all died, and many generations had passed. Pharaoh was afraid of the growing Hebrew population. He ordered that all Hebrews be put under slave drivers and all male Hebrew babies be murdered. Baby Moses was saved by God through an Egyptian princess.

WHERE?

This passage mainly takes place in Egypt within the land of Goshen. Goshen is a fertile land in the northeastern part of the country where the Nile runs into the Nile Delta, then out to the Mediterranean Sea. The Red Sea is just to the southeast.

WHEN?

Moses was born many years after Joseph and his brothers had died in Egypt, perhaps several centuries. After his birth in [Exodus 2](#), Moses grew up and fled to Midian after killing an Egyptian. In [Exodus 3](#), Moses encountered God at the burning bush and was sent to deliver the Israelites from Egyptian slavery.

CONNECTING TO GOD'S BIG STORY

God worked through Moses to deliver Israel from slavery in Egypt. Years later, Jesus, the Messiah, accomplished an even greater deliverance, saving people from sin and death. This salvation reaches to the ends of the earth, available to all who call on Jesus' name.

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ELEMENTARY

WELCOME QUESTION

SUPPLIES: paper, colored pencils, whiteboard (optional), dry-erase marker (optional)

Before kids arrive, display the [Moses Welcome Question Slide](#), or write the following question on a whiteboard: "If you could pick any superhero to be your helper for a week, who would you pick and why?" Set out sheets of paper and colored pencils.

As kids arrive, warmly welcome them by name and ask them to Check In.

**All Ages**

Always begin your class with a warm welcome and a social-emotional "check-in" (on the next page). Use the feelings chart above and ask each child how they are feeling (refrain from asking "How are you?" as children may be accustomed to responding with "fine"). You may want to print and post the feelings chart in your classroom for ease of use.

- Allow each child to name their feeling or to use a color to name their feeling. Older children might use words, younger children might point to the pictures or use the colors to express their feelings.
- There are no wrong feelings and all feelings should be acknowledged.
- Acknowledge how children feel by giving each child time and space to share anything they might need or want to share in regard to their feelings. For example, you can ask "Why are you angry?" or "What made you sad?"
- If you can, address the feeling (hunger/thirst - provide a snack/drink, sadness - give a hug, joy - give a high five, tired - let the child rest, anger - a calming space, etc.).
- Keep in mind throughout the lesson how each child is feeling and that feelings may change during your time with the child.
- If you notice a change, you may want to allow the child to rename their feeling and again address the feeling if needed.

Acknowledge all feelings, concerns, joys, and celebrations in your opening and closing prayer. Use a grace-based approach to the learning as feelings will impact how children learn (adapted from the Zones of Regulation).

Show them the [Moses Welcome Question Slide](#). Encourage kids to be creative as they share their answers with one another. They might share about a person they know or a character from a book or movie. If kids prefer, they can draw a picture answering the question. If you have younger kids, be sure to read the question for them.

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SOCIAL-EMOTIONAL CHECK IN

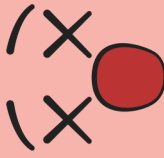
Angry



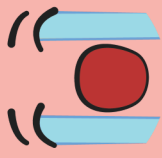
Scared



Panicked



Inconsolable



Happy



Focused



Calm



Proud



Worried



Frustrated



Silly



Excited



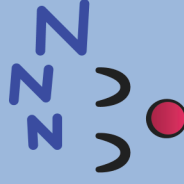
Sad



Bored



Tired



Sick



ELEMENTARY

At your start time...

Enthusiastically welcome kids as you start your time together. Begin by asking kids who were born in January to raise their hands. Call on several of these kids to share their answers to the Welcome Question: ***If you could pick any superhero to be your helper for a week, who would you pick and why?***

No matter what superhero you chose, there's a limit to what that superhero could do for you. But here's some good news: you know someone who is not only all-powerful, but who loves you. And that's God! Today we'll explore how God sends help to His people. But, first, it's time to be curious.

OBJECT LESSON: LIFELINE

Display the [Lifeline Slide](#) and then ask your kids to stand along one wall. Tell them they'll create a "lifeline" that will go across the room (or across and back if the room is small) by using their shoelaces, belts, purses, and anything else they can lay end-to-end to get maximum length. Explain the lifeline is needed to rescue someone drifting out to sea; it's up to them to save the day.

Make It Inclusive: Kids with mobility issues may struggle to lay their lifeline items on the floor. Pair them with kids who will help them.

Once kids have completed their lifeline(s), congratulate them. But tell them that unfortunately the tide has swept the person they're trying to rescue farther out to sea. Kids need to immediately double their lifeline to make the rescue, and they only have 10 seconds—an impossibility.

You tried to help, and that's great! But there are situations in which you can't give the help someone needs. But here's good news: nothing is beyond the power of God. He's good, He's God, and He's faithful. Display the [Moses Wonder Truth Slide](#).

Today's Wonder Truth is **GOD SENDS HELP TO HIS PEOPLE**

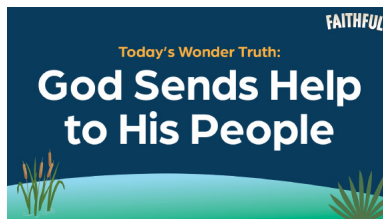
He's always ready to toss us a lifeline!

**Teaching Tip:**

If you have lots of kids, form teams who'll work independently.

For Younger Kids:

When you've finished this activity, be ready to help younger kids lace up their shoes or give other help as needed.



DECLARING GOD'S WONDER

Display the [Moses Declaration Slide](#). Read each line boldly and invite kids to repeat after you.

Thank You, God, that You are good! (Kids repeat.)

You made me on purpose, for a purpose. (Kids repeat.)

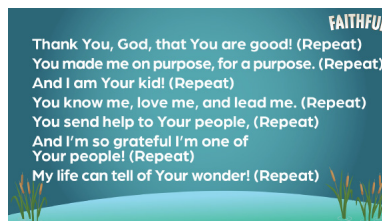
And I am Your kid! (Kids repeat.)

You know me, love me, and lead me. (Kids repeat.)

You send help to Your people, (Kids repeat.)

And I'm so grateful I'm one of Your people! (Kids repeat.)

My life can tell of Your wonder! (Kids repeat.)



ELEMENTARY

OPENING PRAYER

Before entering into God's big story, lead kids in an opening prayer. Use the prayer here or your own words: Dear God, Your love brought Jesus to earth to save us from sin—and there's no greater help than that. We thank You, praise You, and we invite Your Holy Spirit to help us know You better, today and every day. In Jesus' name, Amen.

GOD'S BIG STORY

This lesson includes three opportunities for your kids to enter the story - each one reinforces the others! **HEAR** it read directly from the Bible. **WATCH** it in a video. **EXPERIENCE** it through the live script.

Hear It!

SUPPLIES: Bibles (1 per kid)

Display the [Moses Title Slide](#). Explain that today's Bible passage is in Exodus, the second book of the Bible, right after Genesis. Invite kids to open their Bibles to [Exodus 1](#). Tell kids that Exodus means "a group of people leaving a place"—in this case, Moses' and God's people, the Israelites.

Let's start by reading part of God's big story directly from the Bible. Afterward, we will watch and experience more of the story!

Recruit a willing volunteer to boldly read aloud Pharaoh's words in [Exodus 1:7-11](#). You'll read [1:22](#) and [2:1-10](#). Then do one or both of the following:

- View [Baby Moses God's Big Story Video](#)
- Use the following Baby Moses Experience It! Script

Watch It!

Watch the [Baby Moses God's Big Story!](#)



Teaching Tips:

For Younger Kids: [Exodus 1:22](#) is a difficult verse that may upset younger kids. Use your discernment when deciding whether to read the verse aloud or summarize it in your own words.

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Experience It!

SUPPLIES: painter's tape (optional)

Display the [Emoticon Slide](#) on the screen, explaining the faces represent four feelings: sad, mad, glad, and scared. Consider printing the [Emoticon Sheets](#) and taping them to the walls in the four corners of the room so that they correspond with the Emoticon Slide.

Explain that the people in today's portion of God's big story experienced a variety of different emotions. Kids will choose which emoticon best represents people's emotions at different points in the story.

God made an unbreakable promise to a man named Abraham. God told Abraham he'd be the father of a great nation with many, many descendants—and God kept His promise. Abraham had a son named Isaac. Isaac married Rebekah, and they had a son named Jacob, who grew up and had 12 sons, including a boy named Joseph. Joseph was eventually sold by his brothers and taken to Egypt, but he rose to a position of great power. Joseph saved the lives of many people, including his father and brothers, who came to live with him in Egypt.

Jacob's family grew and grew and became known as the Hebrew people—they were also called the Israelites. Many years passed, and Egypt had a new Pharaoh, or king, who was afraid of the Israelites because there were so many of them. He feared they might take over Egypt. So Pharaoh told the Egyptians to put the people of Israel to work as slaves. The slave drivers treated them badly and made them work very, very hard.

The Israelites suffered a lot as slaves, but then things got even worse. Pharaoh gave an order: every Hebrew baby boy must be killed.

Ask kids to stand in the center of the room. Point out which corner corresponds to each emoticon, using the Emoticon Slide as a guide. **At this time a Hebrew couple gave birth to a baby boy. When babies are born, how do you think their moms and dads usually feel? Go to the corner of the room that best represents how you think most parents feel when they have a new baby come into the family.** Give kids time to move.

Thanks! Now everyone, come back to the center of the room. Pause as kids respond. **Remember, this wasn't a usual time. As this baby boy's mother held him close, she knew Pharaoh wanted to kill him. How do you think she felt knowing this? Go to that corner.** Pause as kids respond, then call them back to the center of the room.

This mother hid her baby for three months. Then, when she couldn't hide him anymore, she made a basket that would float in the water and placed the child in it. She set the basket in the Nile River. How do you think she felt when she did that? Pause as kids respond, then call them back to the center of the room.

While the baby's mother set her son afloat in the water, his older sister watched from a safe distance to see what would happen to her brother. How do you think she felt? Pause as kids respond, then call them back to the center of the room.

Just then, Pharaoh's daughter came to the river to take a bath. She saw the basket floating among the tall grass and asked one of her servants to pick it up and bring it to her. How do you think Pharaoh's daughter was feeling? Pause as kids respond, then call them back to the center of the room.

Pharaoh's daughter opened the basket and saw the baby. He was crying, and she felt sorry for him. Right away she knew he was one of the Hebrew babies.

The baby's older sister who had kept watch approached Pharaoh's daughter. She offered to get a Hebrew woman to help feed the baby. The king's daughter agreed, but she didn't know the girl was the baby's sister. The baby's sister ran home and brought



Teaching Tips:

For Older Kids:

You may want to invite older kids to explain why they chose the corner they did. This is not a time to correct kids' choices; simply ask for explanations and signal that you understand.

ELEMENTARY

back her mother. How do you think the baby's mother felt as she walked up to Pharaoh's daughter? Pause as kids respond, then call them back to the center of the room.

Pharaoh's daughter asked the woman to feed the baby and even offered to pay her; she still didn't realize the woman was the baby's own mother. God sent help to the baby and his family just when they needed it most. How do you think the baby's mother and sister were feeling now? Pause as kids respond, then call them back to the center of the room.

When the baby grew older, his mother returned him to Pharaoh's daughter. She took him as her son and named him Moses, which means "pulled out," because she pulled him out of the water.

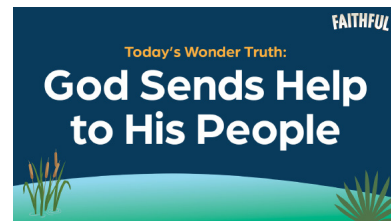
Though Moses grew up in Pharaoh's palace, he was still a Hebrew. Years later, the Hebrew people would cry out to God for help, and God would call Moses to lead them out of slavery in Egypt. God cares about His people and rescued Moses as a baby because He knew who Moses would grow up to become. Just when they needed it most, God sent help to His people.

CONNECTING THE WONDER TRUTH

Display the [Moses Wonder Truth Slide](#). Pose the following question to kids to help them connect the Wonder Truth to God's big story:

Our Wonder Truth today is **GOD SENDS HELP TO HIS PEOPLE**. Where did you see our Wonder Truth in the story? Allow kids to answer freely.

When Moses grew up, God worked through him to deliver Israel from slavery in Egypt. Years later, Jesus delivered all people from slavery to sin and death. Because of Jesus' death and resurrection, our sins—the wrong things we do—are forgiven, and we can live with God forever! Salvation through Jesus is available to all who call on Jesus' name.



ELEMENTARY

Divide your group into smaller groups based on age. If your group is already small, stay together for this time.

QUESTIONS: YOUNGER KIDS

- God was faithful to keep His unbreakable promise to Abraham. What in this story shows that God was keeping it?
- How do you think Moses' mother felt when she set him afloat in the river? Why?
- God helped His people a lot. How did He help Moses? Moses' family? The whole Hebrew family?
- Nobody expected God to work through an Egyptian princess to help Moses. When's a time someone unexpected helped you?
- Sometimes God works through His people to help others who need something. How could you be a helper to someone?
- If you could say five words to God about how He helps you, what would they be?

God sends help to His people—and that's us! But let's not call on Him only when we need something. Let's pause right now to thank and praise God for His help in the past!

PRAYER TIME: YOUNGER KIDS

Ask kids to pray silently, assuring them God will know what they're thinking and feeling. Prompt kids to thank God for His help, praise God for His help, and then ask God to help family and friends. After each prompt, pause as kids pray. Wrap up with a brief prayer thanking God for both loving us and listening to us.

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QUESTIONS: OLDER KIDS

- God kept His unbreakable promise to Abraham. How did He do it?
- How do you think Moses' sister felt watching her baby brother floating in the Nile River? Why?
- God helped His people a lot. How did He help Moses? Moses' family? The Hebrew people?
- When the Egyptian princess adopted Moses, some things in his life changed and some didn't. What's something that changed? What's something that stayed the same?
- When God sent help for Moses, He chose an unlikely source: the Egyptian princess. When's a time God sent help to you through an unexpected source?
- God sent help to His people—but not right away. What's a promise someone made to you and kept—but not right away? What are you waiting on God for today?

God sends help to His people, but that doesn't mean we should only call on Him when we need something. Let's thank and praise Him for His help in the past!

PRAYER TIME: OLDER KIDS

Ask kids to pray silently, assuring them God will know what they're thinking and feeling. Prompt kids to thank God for His help, praise God for His help, and then ask God to help family and friends. After each prompt, pause as kids pray. Finish with a brief prayer thanking God for both loving us and listening to us.

God gave us the Ten Commandments to help us make good decisions in our lives. The third commandment says "Remember the Sabbath day, to keep it holy." This commandment tells us it's important to set aside one day a week in order to worship God, to thank Him for His love and kindness, and to hear His word. Explain that coming to church on Sunday is remembering the Sabbath. It's a special day we've been given by God to honor and celebrate His creative work which benefits all humans. It is a day of rest from work and time for us to turn to God without distractions, a holy day. **Jesus taught us that loving and serving our neighbor is permissible on the Sabbath and that the Sabbath (Sunday) is also a day to remember Jesus' sacrifice, resurrection, and to focus on His return.** Allow time for the kids to say the third commandment chorally (everyone saying it together) and individually, if they wish to do so. Ask the kids ways in which they can keep the Sabbath day holy.

ELEMENTARY

RESPONDING IN WORSHIP: PRAISE MOSAIC

SUPPLIES: paper; pens, pencils, or markers; painter's tape

Ahead of time, be sure there is space on a wall where you can tape kids' drawings to create a Praise Mosaic.

Display the [Responding in Worship Slide](#). Gather kids together and give each kid paper and a drawing utensil. Explain that they'll each make a drawing.

God is faithful in sending His people help—which means perhaps He's sent help to you. Maybe it was help keeping your temper under control when something went wrong. Perhaps it was giving you peace during a time life seemed to be spinning out of control. As for me ...

Briefly share an age-appropriate time God sent you help and how thankful you were for that help.

Or maybe there's a situation you're facing now where you could use God's help. Maybe a bully is making your life difficult, or someone in your family is ill and you'd love to see that person healed. Whatever it is, today we discovered that God is faithful to send help to those who love and obey Him.

While I play some worship music in the background, take a few minutes to draw something that represents how God helped you in the past or how you'd like Him to help you in the future. When you're finished, bring your drawing to me, and I'll tape it on the wall to create a Praise Mosaic.

Play music from the [Faithful Elementary Spotify playlist](#) as kids draw. When you've taped all the kids' drawings to the wall, close this response time with a brief prayer, thanking God for His help in the past and for His help in the days ahead.

Disclaimer: We have permission from the publisher to use the Spotify music playlist solely for the purposes of the Sunday School hour, Vacation Bible School experiences, fellowship events, or for listening at home. Please note that this playlist is not be used during the divine service or for any streamed or broadcasted occasion.



Teaching Tips:

Blue painter's tape is generally safe for walls, but test to make sure before using tape on a painted surface.

While kids are drawing, tear off strips of tape so you're ready when kids come at the same time to have their pictures taped to the wall. You'll need one strip per picture.

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BLESSING YOUR KIDS

Display the [Moses Blessing Slide](#). Speak this blessing over your kids, as a group or as individuals. If you bless kids individually, insert each name into the blessing.

Blessing: May you see God's faithfulness in your life, and may you grow in faithfulness to Him. Always remember God loves you. You can turn to Him knowing He helps His people today, tomorrow, and always.

