

PLAYING THE SOPRANO RECORDER
A Soprano Recorder Music Method

LESSON XI

TECHNIQUE AND FINGERING

To review and reinforce the fingering for “F#” and “B^b,” practice Exercises #20 and #21, three times each.

Exercise #20

Allegro

Exercise #20 is a musical exercise in 4/4 time with a key signature of one sharp (F#). It consists of two staves of music. The first staff contains four measures of music, and the second staff contains four measures, ending with a double bar line. The tempo is marked *Allegro*.






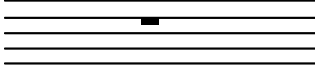

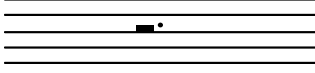




Exercise #21

Exercise #21 is a musical exercise in 4/4 time with a key signature of one flat (B^b). It consists of two staves of music. The first staff contains four measures of music, and the second staff contains four measures, ending with a double bar line.

MUSIC LESSON

RESTS

Many times, pieces of music contain rests. Rests are beats, or parts of beats that have no sound. For each note symbol, there is a corresponding rest symbol. Observe the following table of rests.

Quarter Note = 1 beat of sound		Quarter Note Rest = 1 beat of silence	
Half Note = 2 beats of sound		Half Note Rest = 2 beats of silence	
Whole Note = 4 beats of sound		Whole Note Rest = 4 beats of silence	
Dotted Half Note = 3 beats of sound		Dotted Half Note Rest = 3 beats of silence	
Dotted Quarter Note = 1½ beats of sound		Dotted Quarter Note Rest = 1½ beats of silence	
Eighth Note = ½ beat of sound		Eighth Note Rest = ½ beat of silence	

Clap Exercises #22 and #23. "Tap the air" where there are rests. This will help you to "feel" the beats. Count aloud as you clap each exercise.

Exercise #22

1& 1& 1& 1& 1& 1& 1 & 1 & 1& 1& 1& 1& 1& 2& 1& 2&

tah tah tah tah tah tah teh teh teh teh tah tah tah tah tah-ah tah-ah

1& 2& 1& 1 & 1& 2& 1& 2& 1& 1& 1& 1& 1& 2& 1 & 1&

tah-ah tah teh teh tah tah tah-ah tah tah tah tah tah-ah teh teh tah

1& 1& 1& 1& 1& 1& 1& 2& 1& 1& 1& 1& 1 & 1 & 1& 1&

tah tah tah tah tah tah tah-ah tah tah tah tah teh teh teh teh tah tah

Exercise #23

1 2 3 1 1 1 1 2 1 1 1 1

tah - ah - a tah tah tah tah - ah tah tah tah tah

1 2 1 1 2 1 1 1 1 1 2 3

tah - ah tah tah - ah tah tah tah tah tah - ah - a

LESSON XI PIECES

Practice the following pieces. For rests, stop the tone by thinking “d.” Be sure to “feel” a rest for its full value.

Jacob's Ladder

American Spiritual
Arr. by Lois Veenhoven Guderian

Allegro (♩ = ca.120-138)

mf We are climb - ing Ja - cob's lad - der,
We are climb - ing Jac - cob's lad - der,
We are climb - ing Ja - cob's lad - der,
Sol - diers of the cross.

Clap the rhythm of the piece *Playing Statues* before you practice the piece on your recorder.

Playing Statues

Music by Lois Veenhoven Guderian

Presto (♩ = ca.138-144)

mf (mp)

Before practicing *Joshua Fit the Battle of Jericho*, clap and count the following syncopated rhythms of Exercises #24a and #24b (same rhythm, two different ways of counting). Syncopated rhythms are lively, snappy rhythms in which the accent of the rhythm does not fall on the usually accented first beat of the measure. Count aloud for precision. Remember to “tap the air” for the rests.

Exercise #24a

Exercise #24a consists of two staves of music in 4/4 time. The first staff shows a sequence of eighth notes and quarter notes with accents on the second and fourth beats. The second staff shows a similar sequence with accents on the second and fourth beats, but with a rest on the first beat of the second measure.

1 & 2 & 3 & 4& 1 &2 & 3& 4&
 teh teh teh teh teh teh tah teh tah teh tah - ah

1 &2 & 3& 4& 1 &2 & 3& 4&
 teh tah teh tah - ah teh tah teh tah - ah

Exercise #24b

Exercise #24b consists of two staves of music in 4/4 time. The first staff shows a sequence of eighth notes and quarter notes with accents on the second and fourth beats. The second staff shows a similar sequence with accents on the second and fourth beats, but with a rest on the first beat of the second measure.

short short short short short short long short long short rest rest

short long short rest rest short long short rest rest

Joshua Fit the BattleAfrican American Spiritual
Arr. by Lois Veenhoven Guderian*Allegro* (♩ = ca.120-138)

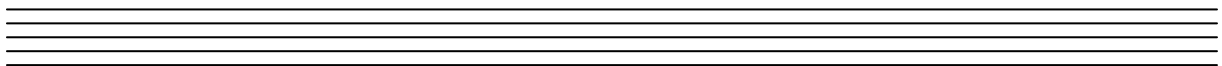
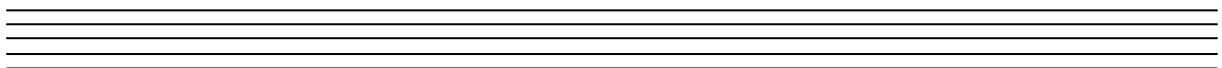
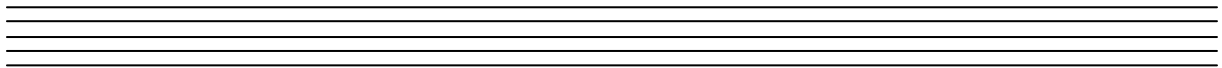
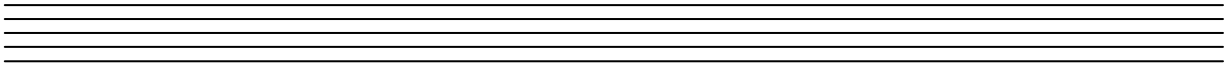
mf Josh-ua fit the bat-tle of Jer-i-cho, Jer-i-cho,
 Jer-i-cho. Josh-ua fit the bat-tle of Jer-i-cho, and the
 walls came a tumb-a-lin' down. *mp* Josh-ua fit the bat-tle of Jer-i-cho,
 Jer-i-cho, Jer-i-cho, Josh-ua fit the bat-tle of Jer-i-cho, and the
 walls came a tum-ba-lin' down. *f* You may talk a-bout your king of
 Gid-e-on, You may talk a-bout your men of Saul, But there's
 none like good old Josh-u-a, and the bat-tle of Jer-i-cho. Oh *mf*
 Josh-ua fit the bat-tle of Jer-i-cho, Jer-i-cho,
 Jer-i-cho. Josh-ua fit the bat-tle of Jer-i-cho, and the
 walls came tumb-blin' down. Down!

CREATIVE CORNER

Create your own rhythm composition.






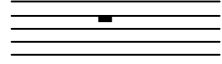
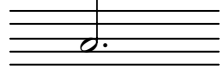
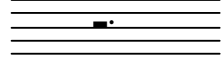




1. Make your composition 4 to 8 measures long.
2. Use 2/4, 3/4 or 4/4 time signature.
3. Be sure to include rests.
4. Compose your piece for one or more instruments.
5. Use traditional or home made rhythm instruments.
6. Teach your piece to a friend or your class.

A rhythm composition does not need to be written on staff paper, but may be. Use the staff paper below or create your own system of notating your work.

**THEORY AND TERMS FROM LESSON XI**

Syncopation—Syncopation in rhythm is a displacing of the accent from the usually accented beat. Syncopated rhythms are found in several styles of music and are characteristic of jazz, rock, African American Spirituals and South American styles of music.

Table of Rests

Quarter Note = 1 beat of sound		Quarter Note Rest = 1 beat of silence	
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Dotted Half Note = 3 beats of sound		Dotted Half Note Rest = 3 beats of silence	
Dotted Quarter Note = 1½ beats of sound		Dotted Quarter Note Rest = 1½ beats of silence	
Eighth Note = ½ beat of sound		Eighth Note Rest = ½ beat of silence	

ASSIGNMENT

1. Practice playing Exercises #20 and #21.
2. Practice clapping and counting exercises #22, #23, #24a and #24b.
3. Practice the new pieces of Lesson XI: *Jacob's Ladder*, *Playing Statues*, *Joshua Fit the Battle of Jericho*.
4. Complete the CREATIVE CORNER section.
5. Memorize the Table of Rests.
6. Keep a chart of your practice time.

M	TU	W	TH	F	SA	SU
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